
12mo. [58], 714 (r. 696) pp., with the first four leaves of the Preface replaced in manuscript. (Text block trimmed close touching last line of text on title-page and headline of a couple leaves). Illustrated with added engraved title-page and occasional woodcut ornaments. Bound in contemporary speckled calf ruled in blind, gilt spine with red morocco lettering piece, edges speckled red, marbled endpapers (extremities rubbed, spine chipped at head and tail). Ownership inscription on engraved title-page crossed out; occasional faded manuscript notes in text.

*First edition, second issue,* of this French commentary on the *Regimen sanitatis Salernitanum*, quoting the famous medieval poem on health and hygiene in the original Latin and expanding at great length in French verse. Topics range from wine, beer, vinegar, tea, coffee, and chocolate (with nine chapters on wine alone!) to soap, sulphur, and arsenic; a warning against eating too much cheese; sanitary practices like washing hands after meals; and the grand secret of the Philosopher’s Stone. Among the advices an *Advertissement aux Dames* suggests leaving wine selection to husbands. The text concludes with *Le Serment d’Hippocrate* and *L’Ouromantie, Scatomantie, et Hydromantie*.

In this copy, the first four leaves of the Preface have been replaced in neat manuscript, including a unique drawn headpiece signed S.J. (Comparison with the College of Physicians’ copy confirms this manuscript section is faithful to the printed version.) The Gilles Aliot printing, which preceded the Clouzier printing the same year, has been digitized by the BnF.

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2. FOUQUET, Mme. [Marie Maupéou, Vicomtesse de Vaux]. *Recueil de Receptes...* Lion: Pierre Dufournet, [1682?]. $400

8vo in 8s and 4s. [xxviii], 125 (r. 231), [1] pp. (somewhat browned, very light worming in three quires, small dark spots on a few leaves). Woodcut head- and tailpieces. Bound in contemporary vellum (dustsoiled, with some small stains, still nice and tight).

Early edition of Madame Fouquet’s famous compendium of *tried and true recipes for medical issues*, divided into two parts, external and internal, with hundreds of potions, tizanes, and tinctures, etc., tested by the author herself over the course of fifty years. The final chapter concerning *les Pauvres* encourages women to follow Fouquet’s example by applying themselves to charitable work, “*dön[ ]l’exem[ ]ple a...persuadé beaucoup de Dames à s’appliquer comme elle à ces œuvres de pieté.*” OCLC finds just one copy of this
edition, at Yale (noting it was first published in 1675 as *Recueil de receptes choisies experimentées*. The final two chapters in this copy bear the date 1675). [Not pictured.]

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8vo in 8s and 4s. [iv], xcvi, 552, [8] pp., woodcut initials, head- and tailpieces (upper half of half-title leaf torn away, occasional light spots and mild dampstaining). Bound in contemporary mottled calf, spine gilt with morocco lettering piece, marbled endpapers and red edges (scuffed; joints and corners repaired with matching Japanese tissue, large scar on rear board also repaired).

**First Edition** of this comprehensive French cooking guide signed by the author, complete with 20 pages of menus for the four seasons and vast indices of the approximately 800 recipes, arranged as in a meal, starting with the fundamentals including pâtes and sauces, building to soups, entrees, and dessert, with an alphabetical list of ingredients at the end. The book includes an essay on cuisine moderne in the preliminary Dissertation, followed by Menon’s Avis to the reader on how to use this book, including a note about his signature and paraph called for on the first page of main text to guard against counterfeits, present here. We find just two locations in the U.S. (UC-Berkeley, Indiana).

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4. [GOURIET, Jean Baptiste]. *L’Antigastronomie, ou L’Homme de Ville Sortant de Table...* Paris: Hubert et Cie., 1806. $225

12mo. Frontis., 215, [1] pp. (Light foxing on a few leaves, engraved frontispiece trimmed close cutting into lower line of text at bottom margin.) Bound in 19th-century quarter blue morocco over blue marbled boards, title gilt to spine, yellow edges and brown marbled endpapers (spine faded to green, some wear to boards). A few quires on blue paper.

Poem on “anti-gastronomy” based on a manuscript discovered in an enormous pâté, actually a satire written in response to Joseph Berchoux’s *La Gastronomie* (1801). The frontispiece, signed Desrais and Bovinet, shows a ghost, victim of Berchoux, accosting a dinner party; Bovinet had also engraved the frontispiece to Berchoux’s book. Peppered with references to ancient and contemporary literature sure to satisfy the scholar’s appetite!

16mo. 22, [32, tables], [55]-59, [11, tables and final blank]; 6, [34, tables] pp., including more than 70 pages of tables (title-page foxed, light to moderate foxing throughout). Bound in later half maroon cloth over marbled boards, title gilt to spine, edges speckled brown (boards lightly scuffed, extremities rubbed exposing green boards at corners).

Joseph Louis Gay-Lussac’s (1778–1850) description of his famous alcohol-meter, used to measure alcohol content in liquids, namely *eaux-de-vie* and esprits. Interestingly this copy lacks the author’s signature used to prevent against counterfeits; however, the note calling for the signature is still present! [Not pictured.]

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8vo in 12s. [viii], 172 pp. (Stain in lower outer margin of p. 2 offset onto 3.) Bound in contemporary gilt red morocco, blue ribbon place marker (binding dustsoiled, extremities scuffed and rubbed). Inscribed on front fly-leaf “To Miss Collins on her approaching marriage – with the good wishes of her friend,” in May 1842; and to “Emma Edwards from her Papa. Jan 12/[18]75.” With a child’s scribbles in crayon, pp. 56-57, and pencil markings on rear endpaper.

**FIRST EDITION** of this guide for women, written by a woman, with chapters on Female Influence (“...it is for the woman, not for the man, to make the sacrifice... She must, in a certain degree, be plastic herself if she would mould [sic] others”), Female Defects, Female Romance, Female Education, Female Duties, and Religion. The contemporary inscriptions – from a friend to a bride-to-be; and then, more than thirty years later, from a father to his daughter – bear witness to this copy’s circulation as a gift to at least two female readers.

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7. RUNDELL, Mrs. [Maria Eliza]. *A New System of Domestic Cookery...With the Addition of Many New Receipts, and Embellished with Engravings*. London: Printed for the Booksellers, 1845. $150

8vo. [2], liii, [1]; 376 pp. (browned, light dampstain in upper margin of first half, a few other small stains; one lower outer corner torn away not affecting text, and one upper corner torn away taking some text with it). Illustrated with added engraved title-page, added engraved frontispiece, and nine full-page wood-engravings of animals and meat cuts. Bound in original green embossed cloth, spine gilt-stamped with kitchen scene of hanging meats and title (extremities rubbed and worn). Occasional pencil marks.

Mrs. Rundell’s cookery classic, first published in 1806, with sections on home brewery, sick cookery (including the cures mulled wine and coffee), directions to servants for cleaning and maintaining house, and bills of

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fare, i.e., menus, by the month. In addition to hundreds of food recipes we find domestic science directions such as “To dye White Gloves a beautiful Purple,” and a recipe for “A Liquor to wash Old Deeds...to make it legible.” With an extensive index. [Not pictured.]

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8vo. viii, 218; 3, [1] pp. (ads). Ex-John Crerar Library of Chicago, Senn Collection, with bookplate (1894) and deaccession stamp (6/26/[19]84) on front pastedown and title-page verso, perforated stamp to title-page, and call number in ink and pencil to p. [iii]. Rebacked with library cloth preserving original brown pebbled cloth covers with title gilt-stamped on front, faded yellow endpapers (corners repaired). Ex-libris D.V. Dean, ink inscription on front free endpaper; and occasional pencil annotations.

**FIRST EDITION.** Spurred by Accum and others abroad to address dangerous additives to American foods, Hoskins set out to create an EVERYMAN’S GUIDE TO FOOD INSPECTION (“In pickles, confectionary, tea, coffee, and especially in milk, I believe that I have placed it in the power of every one to protect himself...”). Some of the contents were previously published in articles in the Boston Courier, however the sections on milk and alcohol were new to this book. The chapters concern various topics, from “Frauds in Flour and Bread” to “Strychnine in Beer and Whiskey,” and “Tests of Pure Milk,” with wood-engraved illustrations of the “Lactometer” and “Galactometer.” With a three-page publisher’s advertisement at end.

Large 8vo. xiii, [xiv], [1], 12-584 pp. (very short tear to outer margin of one leaf, another leaf dog-eared). Illustrated with five lithographs by Thos. Sinclair & Son comprising a black-and-white frontispiece (“Journey of Life”) and four full-page color plates after E. Grehen. Bound in publisher’s yellow cloth stamped in black on both covers and spine, with the addition of gilt on front cover and spine, brown endpapers, all edges gilt (extremities rubbed). Ex libris Emma Barber, presentation certificate inserted at front with her name added in manuscript.

Massive household guide with instructions on everything from proper marriage etiquette to children’s education, religion, cooking, cleaning, and home economics, with such varied sections as “A model farmer’s wife,” “What constitutes a lady?,” “Americans are extravagant,” “Mothers must read,” “Fertility of Palestine,” “Do not crowd furniture,” “Two hundred ways to cook an egg,” and hundreds more topics including many recipes, outlined in the table of contents and an extensive index.

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8vo. [ii], 173, [1] pp., including six full-page illustrations of women and children in kitchen settings and diagrams of beef cuts, plus a few vignettes in text. Bound in publisher’s light brown cloth, front cover with title, author, and vignette of girl cooking, gilt on spine (front hinge cracked, extremities rubbed and corners bumped, boards very lightly scuffed).

[Continued]
**FIRST EDITION.** Lessons recently introduced into the public school program in Boston by philanthropist Mary Tilesen Hemenway (1820-1894), on oven use, going to market, various ingredients and preparation notes, and cooking for the sick. Cookery was treated as seriously as other studies, with classes scheduled one half day per week, requiring permission from mothers. By 1888, the author claims, 1800 girls had been introduced to cooking in the school programs. [Not pictured.]

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11. **[LADY’S MANUSCRIPT ACCOUNT BOOK]. Carnet de Dépenses.** [France], 1909[-1910]. $150

8vo. [56] ff., of which 31 ff. priced grocery lists, 7 ff. recipes, and 1 f. “Notes” containing addresses and visits. Written in ink and pencil. Sewn in original gray paper wrappers, cloth spine (worn and frayed with some loss to corners and spine paper).

A well-to-do woman’s personal account book for groceries, with dated lists from January 1909 to November 1910; plus recipes and addresses at the other end of the notebook (turned upside down), all written in a delicate French hand. A typical grocery list: “pain, lait, petits pois, veau, boeuf roti, oranges, huitres, pommes, suc Ducham(?)...” (January 18, 1909). Often she includes the cost of “femme ménage,” or cleaning lady, in the total. The 20 or so recipes, in a separate section, include “Gateau Mousseline,” “Poules au Blanc,” “Soufflet au chocolat,” “Foie de veau,” “Langue de boeuf,” “Crêpes a la confiture,” and more epitomes of French dishes. The final leaf contains names and addresses of female friends and dates the author – Mme. Lavergne, whose name is written at the top of one page? – visited.

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12. **CHRISTIAN, Eugene and Mollie Griswold. 250 Meatless Menus and Recipes to Meet the Requirements of People under the Varying Conditions of Age, Climate, and Work.** New York: Mollie Griswold Christian, [1910]. $50

8vo. Frontis., [5]-183, [1]; [26, ads] pp. Illustrated with frontispiece portrait of Mollie Griswold Christian, four photographic plates of food and table settings, and one additional plate and numerous illustrations in the advertising section. Bound in original crimson cloth stamped in gold on front cover and spine (six distinct indentations on cover, corners rubbed, spine faded).

[Continued]
FIRST EDITION of this vegetarian cookbook self-published by a Brooklyn “Woman and Child Specialist,” entreat¬ing housewives and mothers to eliminate meat from their families’ diets by way of fresh alternative ingredients. She offers pioneering raw menu ideas along with tips on female beauty, childcare advice, plus a chapter on “Feminine Freedom,” which takes a SUFFRAGIST SLANT. The advertising section at the end is replete with products for woman and child like the author’s own “Vieno Food” formula and an early version of the baby onesie. The LC copy has been digitized. [Not pictured.]

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8vo. [vi], 1-58, 43-58, 43-142 (r. 174) pp., with two quires (pp. 43-58) repeated three times. Bound in publisher’s green cloth, title and dollar sign stamped in darker green on front and spine (lightly worn).

A guide to keeping a frugal household, with instructions on creating an account book, bargain shopping, and DIY clothing, appliances, and soap, among many other topics keeping with the book’s mantra, “...Thrift is not a hardship, but a game, full of good sport and well worth playing.” The chapter on “Food Expenditures” breaks down the cost of calories in cents, reveals how to augment a meal by adding low-cost ingredients, and provides lists of example dishes (no recipes – instead, the publisher furnishes a three-page list of economical recipe books at the end of the chapter). The Harvard copy has been digitized. [Not pictured.]

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8vo. 183, [1] pp. (one leaf dog-eared, a few openings splattered with light stains). Bound in original white boards with title and church vignette in black on front (scuffed and rubbed, some cloth visible along joints and extremities).

FIRST EDITION? Compilation by churchgoers in St. Louis, Missouri, with recipes for hundreds of savories, sweets, sauces, etc., and a section of “Household Hints” at end, including tips for flavoring, food storage, and cleaning. Some of the recipes and “Hints” have attributions by initials or full name. The text is interspersed with advertisements, some illustrated. OCLC finds only three holdings, in Texas and Georgia.

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[Continued]
8vo. [24] ff., illustrated throughout by Herb Roth. Bound in original illustrated boards and wrappers, with protective mylar cover (minor wear to jacket).


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